



Phoenix: Therapeutic Patterns of Milton H. Erickson

David Gordon, Maribeth Meyers-Anderson

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Although many descriptive and evaluative articles have been written about Milton Erickson's hypnotic work, relatively little attention has been accorded that tremendous portion of his therapeutic work that made little or no use of formal trance states. In this volume the authors address themselves to those aspects of Erickson's therapeutic work that did not rely on the utilization of formal trance states. Using Erickson's own verbatim descriptions of this work, those patterns which are characteristic of his approach are not only identified for the reader, but are described as sequenses of internal and external behaviors that can be duplicated by anyone.

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