



# Misty: My Journey Through Volleyball and Life

*Misty May-Treanor*

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**Misty: My Journey Through Volleyball and Life** Misty May-Treanor

The passionate, poignant, and triumphant story of two-time Olympic gold medal–winning beach volleyball icon Misty May-Treanor.

More than any Olympics in history, the 2008 Beijing Summer Games captured the world’s imagination, and Misty May-Treanor became one of the biggest U.S. stars on the global stage. Now she shares the story of her life and remarkable athletic career.

Destined for beach volleyball superstardom, having been raised on famed Muscle Beach in Santa Monica, California, Misty talks about the personal and professional challenges she has faced and the life lessons she has learned in the process. From growing up with two driven, competitive, accomplished athlete parents and living in a volatile household rocked for years by their alcoholism to the heartbreaking death of her mother from cancer, Misty reveals intimate details never before publicly discussed. She tells behind-the-scenes stories about her eight-year climb to the top of beach volleyball with partners Holly McPeak and Kerri Walsh; her career-threatening injuries; her role on ABC’s hit television show *Dancing with the Stars*; and of course, her historic two Olympic gold medals and the special rewards they’ve brought.

Offering an unprecedented glimpse into the life of a cherished celebrity sports icon and an ambassador for women’s athletics, *Misty* will touch, inspire, and empower readers everywhere.

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