



# Essential Oil Premium Starter Kit Recipes: Love at First Drop

*Brandy Jones Arnold*

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## **Essential Oil Premium Starter Kit Recipes: Love at First Drop** Brandy Jones Arnold

"I just received my Young Living Premium Starter Kit. I'm scared and don't know where to start!" Please believe, every one of us started at that point. Love at First Drop empowers and gives courage to the beginning essential oil user, helps to conquer common fears, and gives one a better insight into the excitement of the essential oil world. We received numerous requests from fans for a Recipe Book featuring strictly the oils found in the Premium Starter Kit, so we made it our mission to make this happen. The recipes in this book include and use strictly the oils found in the Premium Starter Kit, along with the accompanying Flex Oils that are sometimes substituted in the Premium Starter Kit. The book begins with a Frequently Asked Questions section, and it's 52 pages feature over 175 recipes. It is a well laid out, easy-to-read compilation of some of the "best-of-the-best" recipes our Young Living community has used with many successes. There are a wide array of topics featured in this book, as well as bonus sections that include a Dilution Chart, 3 Simple Uses for each PSK Oil & Flex Oil, and a Comedogenic Ratings Chart. The entire goal of this book is to ensure you triumph with your oils, and experience a seamless and simple transition into this wonderful world of ours - We Welcome You! Some topics include: Wellness • Immunity • Respiratory Support Concentration • Increase/redirect Focus • Improve Concentration Mood Enhancement • Stress Management • Happy/mood lifter • Energize Bedroom • Aphrodisiac • Sweet dreams • Relaxation Beauty • Face wash • Toner • Moisturizer • Lip balm • Microdermabrasion • Troubled skin Hygiene • Deodorant • Hand Sanitizer • Soaps Kids • Scented Finger Paint • Therapeutic Play dough • Owie oil Cleaning • Household cleaner • Carpet Freshener • Room Freshener • Dusting Spray Cooking • Popsicles • Infused Apples • Dips • Cookies

**DISCLAIMER:** This document is a compilation of recipes used successfully by persons who use Young Living essential oils, a company which is "proud to set the standard for essential oil purity and authenticity by carefully monitoring the production of [their] oils through [their] unique Seed to Seal process." The willingness of individual users to share these recipes is very much appreciated. However, contributors to this book and myself included are not medical practitioners and cannot diagnose, treat or prescribe treatment for any health condition or disease. Before using any alternative medicines, natural supplements, or vitamins, you should always discuss the products you are using or intend to use with your medical practitioner, especially if you are pregnant, trying to get pregnant or nursing. All information contained within this book is for reference purposes only, and is not intended to substitute advice given by a pharmacist, physician or other licensed health-care professional. As such, we are not responsible for any loss, claim or damage arising from use of this compilation or recipes herein.

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