



Coping With a Relative's Addiction: Advice for Handling Addictive Behaviours in Family Situations

Northlands Centre

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Written for those who are affected by the addiction of a loved one, this book sets out the complex realities of dependency by looking at how addiction can become the whole family's illness. It is a no-nonsense guide to where your responsibilities lie when a partner, parent, or child is dependent, detailing the emotional and practical dilemmas these situations can demand. Relatives will find knowledge, understanding, reassurance, and practical advice throughout this book, regardless of their loved one's stage of addiction or recovery.

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