



Push Past Pain to Purpose: A Self Help Guide to Overcoming Past Hurts and Embracing Your Life's Purpose

LCSW, Magda Demerritt

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Push Past Pain to Purpose was written to provide those with pain in their lives an opportunity to work through those issues that have imprisoned them for far too long. The book is written as a self-help guide and takes the reader step by step in identifying their pain, the impacts of that pain and working to improve their thinking to develop new positive outcomes for their lives.

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