



Healing Hands: Meditations for Healing Through the Human Energy Field

Lani Leary

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Healing Hands: Meditations for Healing Through the Human Energy Field Lani Leary

The classic volume on how to work with the Human Energy Field, this revised audiobook presents Dr. Leary's ten-step program for identifying and working with our innate healing abilities--and using them to help both oneself and others. Six new guided meditations help listeners to locate their native intuitive power, and to bring this "sixth sense" to bear on the art of healing.

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