



**Inspiration & Gratitude Guided Daily Journal:
Creative Genius journal, 202 Pages with Daily
Prompts Two Page Spread per Day to beat the
blank page, ... images, drawings, doodles and free
writing**

Inspiration and Art

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This guided daily journal & undated diary has 202 pages (enough space for 100 days i.e. just over 3 months) with daily prompts and a spacious two page spread per day with plenty of space for free writing and adding your own image or drawing. The pages are undated so you can start your creative journey whenever you wish. The journal is especially useful for reflection and idea generation as well as expressing gratitude. This journal is essential for those who love the idea of prompts for inspiration but also want plenty of space for freehand writing and drawing.

This is a perfect journal for a diary and is great for jotting down and planning your ideas or can be used as a progress journal for all your ideas. and inspirations.

The journal has a soft yet sturdy cover and is perfect bound so pages will not fall out. The spacious, yet handy-sized 7"x10" format means there is plenty of room for your thoughts and reflections.

Handy 7"x10" format.

202 pages for writing and reflection.

White Opaque Paper with grey/black lines.

Soft, sturdy cover.

Perfect bound so pages will not fall out.

Part of the *Inspirational Journal* series with indian ink grunge cover design by *Emilie Sabine* - "Creative Genius". Our notebooks all have an art cover or inspirational cover.

Other versions of this notebook are also available with a personal index and with 120 pages; also with other art and inspirational covers.

To see our full range of notebooks and journals visit us at www.inspirationandart.co.uk or click on the Amazon author link for Inspiration and Art Notebooks above.

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From reader reviews:

Carol Welch:

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Gregory Jones:

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Aaron Eldred:

Spent a free the perfect time to be fun activity to try and do! A lot of people spent their spare time with their family, or their friends. Usually they performing activity like watching television, gonna beach, or picnic inside park. They actually doing same every week. Do you feel it? Do you wish to something different to fill your free time/ holiday? Could possibly be reading a book could be option to fill your free of charge time/ holiday. The first thing you will ask may be what kinds of book that you should read. If you want to try out look for book, may be the guide untitled Inspiration & Gratitude Guided Daily Journal: Creative Genius journal, 202 Pages with Daily Prompts Two Page Spread per Day to beat the blank page, ... images, drawings, doodles and free writing can be fine book to read. May be it might be best activity to you.

Jackie Lund:

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