



# Overcoming Abuse and Addiction

*Carl E. Richeal*

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## **Overcoming Abuse and Addiction** Carl E. Richeal

What keeps people from progressing in life? Many times it's a struggle with an addiction or the after effects of sexual, physical, or emotional abuse. Begin your journey to freedom as Pastor Richeal teaches how to overcome addiction and receive healing from past abuse. In this book you will come to understand the damage of abuse and addiction, the strongholds of the abused and addicted, how to process anger and unforgiveness, why trusting is so difficult and what is the true enemy to freedom.

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