



Inside Out: Exploring the Mental Aspects of Drumming


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(Percussion). This book takes drummers beyond the rudiments and technical exercises to the artistic and spiritual side of what it takes to be a great musician. Master drummer Billy Ward, player and educator, has become one of the most popular columnists in Modern Drummer history. Totally honest and revealing, he shares his series of essays from Modern Drummer magazine that will give players a different perspective on getting better at everything they do, from their own solo playing to the part they play as a component of a band. Topics include: How to Get Gigs, Learning to Groove, Effective Practicing, Session Drumming Tips, Auditioning, Improving Your Mechanics, Wards Quickie Chart System, and more.

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