



# Children and Adolescents with Emotional and Behavioral Disorders

*Vance L. Austin, Daniel T. Sciarra*

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**Children and Adolescents with Emotional and Behavioral Disorders** Vance L. Austin, Daniel T. Sciarra  
This first edition text is specifically designed to help teachers work successfully with children who exhibit emotional and behavioral disorders by affording readers a comprehensive and holistic repertoire of valuable, evidence-based treatment strategies. Written from the dual perspectives of an experienced clinician and a long-time educator, the school professionals and students who read it will better understand the role of both teacher and service provider, optimizing the coordination and effectiveness of the services that are critical to the success of these students.

Chapter by chapter, *Students and Adolescents with Emotional and Behavioral Disorders* explores the most prevalent behavioral disorders encountered by school professionals as they work with today's students. Each disorder is addressed by type and each includes a discussion of the relevant characteristics, causes, prevalence, and current references, and treatment strategies. While the first half of each chapter focuses on the psychological overview of the disorder based on the latest research, the second half of the chapter takes an in-depth look at practical applications and strategies to combat the disorders through the use of real-world case examples, practice-based techniques, tips, and critical thinking questions.

Balanced and comprehensive, this book supports both a behavior and cognitive therapeutic approach to the treatment of students with EBD and acknowledges the need for a collaborative approach to these issues by teachers, school professionals and other service providers.

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