



Adult Coloring Journal: Co-Dependents Anonymous (Mandala Illustrations, Ladybug)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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The book *Adult Coloring Journal: Co-Dependents Anonymous (Mandala Illustrations, Ladybug)* can give more knowledge and information about everything you want. So why must we leave the good thing like a book *Adult Coloring Journal: Co-Dependents Anonymous (Mandala Illustrations, Ladybug)*? A few of you have a different opinion about reserve. But one aim that will book can give many facts for us. It is absolutely proper. Right now, try to closer with the book. Knowledge or facts that you take for that, it is possible to give for each other; you are able to share all of these. Book *Adult Coloring Journal: Co-Dependents Anonymous (Mandala Illustrations, Ladybug)* has simple shape but you know: it has great and big function for you. You can search the enormous world by open up and read a reserve. So it is very wonderful.

Lamont Williams:

The book *Adult Coloring Journal: Co-Dependents Anonymous (Mandala Illustrations, Ladybug)* has a lot of information on it. So when you check out this book you can get a lot of advantage. The book was compiled by the very famous author. Tom makes some research just before write this book. That book very easy to read you can get the point easily after reading this book.

Amanda Bell:

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