



The Science of Leaky Gut Syndrome: Intestinal Permeability and Digestive Health

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For many years, the digestive disorder called “leaky gut syndrome” has been described. Yet leaky gut was dismissed by conventional medicine as anecdotal and those who proposed it were labeled heretics. Is leaky gut real? Is there any hard scientific evidence? And if it is real, can it be diagnosed? And will reversing it offer any help to the millions who suffer from digestive ailments and inflammatory disorders? Going beyond the nebulous descriptions of the condition, leaky gut is finally clarified scientifically: What causes it, how it can be diagnosed, and the many disorders it has been linked to. This text will help physicians and their patients clearly understand the true disorder called leaky gut, and gain the tools to diagnose and even reverse it.

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