



Not Proud: A Smorgasbord of Shame

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'I put poison ivy on my ex-husband's underwear so he would think he had a disease.' 'Sometimes I have people over for dinner. When it comes time to serve the food, I always serve myself just a little bit more. I don't know why. I just have to have the most.' 'I dumped a guy once because I hated his voice. He was very good looking, but when you're in a long-distance relationship, a voice really does count for a lot.'

NotProud.com creators Scott Huot and GW Brazier selected more than 250 of the most compelling anonymous confessions from their widely popular website. Part confessional, part peep show, this can't-put-down collection - categorized by the seven deadly sins (and the catchall 'Miscellaneous') - showcases the poetic, pathetic and occasionally bizarre thoughts and behaviours of everyday people. From fondling statues, to vengeful cat-food sandwiches, to an unabashed celebration of cheese, "Not Proud" feeds our inner voyeur with an array of the best and worst of human behaviour.

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Robert Shaw:

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