

## Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Butterfly Illustrations, Ladybug)

Courtney Wegner



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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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A lot of people always spent all their free time to vacation or maybe go to the outside with them family or their friend. Do you realize? Many a lot of people spent these people free time just watching TV, or maybe playing video games all day long. If you need to try to find a new activity this is look different you can read some sort of book. It is really fun for you personally. If you enjoy the book that you simply read you can spent the entire day to reading a guide. The book Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Butterfly Illustrations, Ladybug) it is rather good to read. There are a lot of people who recommended this book. These people were enjoying reading this book. In the event you did not have enough space to create this book you can buy the e-book. You can m0ore easily to read this book from a smart phone. The price is not too costly but this book features high quality.

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