



# Power and Intimacy in Men's Development

*Gordon M. Hart*

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## **Power and Intimacy in Men's Development** Gordon M. Hart

Power and Intimacy in Men's Development focuses on the struggle men face each day to meet their needs for power and intimacy. In their quest for power, many men neglect intimacy, while others manage to achieve a balance between these two forces. In this work, the psychological development of men throughout their twenties, thirties, forties and beyond is described in detail. This development includes analysis of specific individual, family, and societal factors such as marriage, children, career, and divorce and the impact of these factors on the search for power and intimacy. Professionals in the mental health field and men and women who wish to better understand men's development will find this book a valuable resource. Power and Intimacy in Men's Development is written in a practical and approachable style that features case studies and critical insights from a practicing psychologist with more than 30 years of experience working with men in both individual and couples therapy.

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