



New Hope for People with Bipolar Disorder: Your Friendly, Authoritative Guide to the Latest in Traditional and Complementary Solutions, Including: ... of Depression & Manic-Depressive ...

Jan Fawcett M.D., Bernard Golden Ph.D., Nancy Rosenfeld

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Discover Exciting New Treatments For Bipolar Disorder

Now you can maintain control of your bipolar disorder and begin enjoying life again—today! This book dispels the myths and fears surrounding bipolar disorder. It offers compassionate, practical, and immediate guidance for anyone affected by this disorder. Inside, world-renowned experts present important, life-altering advances, including:

- The causes, symptoms, and patterns of bipolar disorder
- New medications
- The latest psychiatric findings
- Cutting-edge treatment models
- Complementary therapies that work
- Effective and practical tools for parenting your bipolar child
- And much more!

"This easy-to-read book demystifies the illness and teaches without scaring. A real addition to mental health literature!" —**Alan F. Schatzberg, M.D., professor and chairman, Department of Psychiatry and Behavioral Sciences, Stanford University**

"This creative, authoritative, state-of-the-art book is an enormously valuable tool in dealing with depression. Written from three unique perspectives, it is certain to profoundly impact the lives of patients and their families." —**Martin Keller, M.D., professor and chairman, Department of Psychiatry and Human Behavior, Brown University**

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Rosa Johnson:

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Amanda Bell:

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Brian Robinson:

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