



Cram Session in Manual Muscle Testing: A Handbook for Students and Clinicians

Lynn Van Ost RN PT ATC MEd

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When all you need is a basic understanding of manual muscle testing. When concise and illustrative examples of manual muscle testing techniques will provide exactly what the rehabilitation professional needs, look to *Cram Session in Manual Muscle Testing: A Handbook for Students & Clinicians* for quick and “at your fingertips” facts.

Cram Session in Manual Muscle Testing: A Handbook for Students & Clinicians by Lynn Van Ost is a succinct and descriptive quick reference that provides the rehabilitation professional with a very basic approach to various manual muscle techniques. Organized in a “head to toe” format, Cram Session in Manual Muscle Testing: A Handbook for Students & Clinicians takes user-friendly and efficient learning to a new level.

What is in your “Cram Session”:

- Photographs depicting each manual muscle testing technique
- Breakdown of each body region covered
- Sections include average range of motion, prime movers, accessory muscles, patient positioning, muscle grading for each movement and substitutions
- Over 200 photographs

Cram Session in Manual Muscle Testing: A Handbook for Students & Clinicians is an informative, well-organized handbook for all students and clinicians in physical therapy, occupational therapy, athletic training, orthopedics or any allied health professional who treats musculoskeletal disorders

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