



The Girlfriend's Guide to Football

Teena Spencer, Chuck Brown

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After writing *The Girl Friend's Guide to Hockey*, Teena Spencer discovered hockey isn't played every day, so she tackled American football. **The Girlfriend's Guide to Football** provides the complete lowdown on the rules, traditions, and mania of America's favorite sport.

On any given weekend in football season, thousands of fans head off to the football stadium - decked out in team colors from head to toe, sporting football paraphernalia, and cheering for their team. Those that can't make it to the game, watch the televised version with religious fervor. Football fans are passionate about the game, and for those on the outside it is a confusing - and often strange - world. Teena Spencer decodes the mystery of football in straightforward, entertaining language that will convert even the most unwilling football fan.

The Girlfriend's Guide to Football is the ultimate guide for anyone new to the game. It covers everything from the teams and rules to the history and trivia of the game. You will never wonder what a first down or an end zone is again!

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Josie Garcia:

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