



Relapse Prevention in Schizophrenia and Other Psychoses: A Treatment Manual and Workbook for Therapist and Client (Relapse Prevention Manuals series)

Dr. John Sorensen

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Modeled after the acclaimed format, style, and simplicity of the author's earlier work, this combination package of manual and workbook attempts to integrate rigorous and accountable relapse prevention work with the fundamental goal of psychosis sufferers—to take control of their lives and illness to the greatest extent possible. Schizophrenia and other psychoses are often debilitating, recurring, and severe illnesses with significant secondary consequences, such as suicidal behavior, physical health problems, social disability, and substance abuse. Even between acute episodes, impairments in occupational and social functioning can further compound the problem. Utilizing a well-tested method, the therapist follows the script laid out in the manual and establishes a supportive relationship with the client, who completes the workbook with a personal profile of the illness. The workbook then acts as an informant for friends, family, and coworkers about the client's condition, which can help prevent the client's future relapses into acute states of mind.

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