



# **The First Fruits of Prayer: A Forty-Day Journal through Canon of St. Andrew**

*Frederica Mathewes-Green*

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Join Frederica Mathewes-Green on a guided retreat through an ancient Orthodox text. Regardless of your denominational background, First Fruits of Prayer will bring to life the prayer experience of first millennium Christianity through immersion in this poetic hymn, an extraordinarily beautiful work that is still chanted by Christians around the world each Lent. It weaves together Old and New Testament Scriptures with prayers of hope and repentance and offers ancient ways of seeing Christ that still feel new today.

“Fascinating and sometimes magisterial.... A skilled interpreter of the theology and history of the Orthodox tradition, Mathewes-Green arranges the Great Canon of St. Andrew...into 40 readings accompanied by scriptural references, commentary, theological reflection and questions.” —Publishers Weekly

“Rick Warren gave us 40 days of purpose. Frederica Mathewes-Green gives us 40 days of deep prayer and reflection.... This is destined to become a devotional class for generations to come.”—Dallas Morning News

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