



Upside-Down Mommy: How a Caterpillar Transformed One Mommy's Breakdown into Breakthrough

Amanda Johnson

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"I was a really good mom...

Until one moment, on a bad day...."

Having spent most of her life responsible for young children, and more than six years trained by master educators and child development experts, Amanda was more equipped to parent than most young women. And from the day her son was born, she used her impressive arsenal of skills, tools, and strategies with great success. He was happy, healthy, and strong in heart and mind. It was all working beautifully...until one moment, on a bad day, she nearly crushed his soul and spirit.

Seeing what it was really going to take to keep her child healthy, happy, and strong, Amanda's healing journey began. Desperate to give her son everything he needed to live life with no limits, she searched and soon found herself at the center of a Divine Intervention, working side-by-side with the most inspiring teacher - her son.

Upside-Down Mommy is Amanda's attempt to honor her transformational journey with him, and share the life-changing lessons that developed a new approach to parenting and living - one that has empowered both of them to:

- Uncover and Nurture the Unique Gifts in Each Other
- Avoid the Subtle Damaging Messages, Behaviors, and Power-struggles that Limit and Frustrate
- Work Together through Every Phase of Growth in a Safe and Sacred Space Break Through and Rewrite Unhealthy Emotional, Spiritual, and Financial Legacies
- Live Life With No Limits and Huge Impact

What if you could raise your child with no limits?

What if you could live without yours?

Amanda Johnson is a Transformational Messenger Coach, transforming the lives of authors, speakers, and now parents, one powerful message and true intention at a time!

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