



Parasuicidality and Paradox: Breaking Through the Medical Model

Ross D. Ellenhorn MSW PhD

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This book describes parasuicidalitv from a different perspective, yet still within the framework of DBT. These concepts will be helpful to clinicians, who often spend much of their time dealing with these troubling behaviors. This book is well worth the price and the reader will not be disappointed." **Score: 94, 4 stars**

--Doody's

Ross Ellenhorn brings a fresh, new look at what has been called parasuicidalitv. Rather seeing it solely as a medicalized symptom of mental disorder, he incisively shows how threats of suicide emerge from the social context and can be better understood and treated within a framework of social relationships. This well documented and clearly written book is must reading for anyone interested in better understanding and dealing with parasuicidalitv.

"This book deals with the issue of parasuicidalitv using a dialectical behavior therapy (DBT) approach, but posits that clinical interactions aid and abet that specific behavior. It presents both theoretical and pragmatic ideas of how to deal with patients who often pose the greatest challenge to clinicians." Gary B Kaniuk, Psy.D. (Cermak Health Services)

--**Peter Conrad**, Harry Coplan Professor of Social Sciences, Brandeis University, and author of *The Medicalization of Society: On the Transformation of Human Conditions into Medical Disorders*

Helping patients focus on life goals and changing themselves through clinician-patient interactions

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