



Why Did This Happen to Me Again?

Janette Marie Freeman

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Janette Freeman invites you to think of your belief systems as the brick and mortar of your life. Are they strong and supportive, or are they weak and degrading? Which do you want to keep and which do you want to let go of? Until we have a lasting change in our internal belief systems, we seldom see lasting change in our lives. Why settle for misery when you can be happy? In order to have lasting transformation you must experience a change of beliefs at a deep level. It's not as important to know where you got your beliefs, as it is that you establish new ones. You establish new beliefs by being exposed to and accepting new ones repetitively. This does not happen with one or two affirmations. It happens when you repetitively outweigh your limiting beliefs with positive beliefs. Repetition is a powerful and effective way to change your beliefs, thereby changing your experience. Lasting transformation is very difficult without repetition. Learn about Dr. Freeman's Fast, easy, and effective techniques for real and lasting transformation. . Go from scared and intimidated to confident and self-assured. . Learn the secrets to happier and peaceful living. . Learn how the proven secrets of sleep repetition can program you for success and happiness. . See how a 14 hour commitment can change your life. . See how the 7 core beliefs of joyful, purposeful people can be yours. . Learn how to assist your children in having greater confidence and success easily and effortlessly through sleep repetition. . Utilize timeless spiritual principles for aligning with the higher creative energies of Infinite Intelligence.

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