



Normal Children Have Problems, Too : How Parents Can Understand and Help (A Child Magazine Best Parenting Book)

Stanley Turecki, Sarah Wernick

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Lack of friends * poor self-image * sibling rivalry * hyperactivity * sadness and fearfulness * eating problems * nervous habits * aggressive behavior * defiance * sleep problems * lying * learning disabilities. .

Even normal children can have problems.

And parents can help them.

That is the powerful assurance Dr. Stanley Turecki offers parents in this compassionate and practical book. Whatever the situation, Dr. Turecki shows you:

A new way to understand your child's difficulties and gain insights into causes and solutions
How to discuss problems without destructive arguments and win your child's cooperation
How to strengthen self-esteem by making the most of your child's individual temperament
How to improve discipline by focusing on planning and prevention rather than punishment
How to collaborate with teachers about school problems
What to do if you are told that your child should be tested for ADD or placed on medication
When to seek professional help

Including vivid vignettes illustrating a wide range of problems and how they were successfully resolved, this award-winning book is destined to become a parenting classic.

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