



# The GlamTwinz Guide to Longer, Healthier Hair

*Kelsey Murrell, Kendra Murrell*

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**The GlamTwinz Guide to Longer, Healthier Hair** Kelsey Murrell, Kendra Murrell  
The GlamTwinz Guide To Longer, Healthier Hair is about confidence and loving the way you look. But that is always easier said than done. Full, lush hair sounds wonderful, but is it obtainable, especially without the help of chemical relaxers? Kelsey and Kendra Murrell, better known as the GlamTwinz on YouTube, show young women how to take care of their hair in order to avoid breakage, tame fizziness and generate natural shine. In their debut book, the long hair beauties share an in-depth guide to achieve your hair goals! The GlamTwinz expand on their viral video: “Top 10 Tips to Grow out Long HEALTHY Hair,” and reveal even more secrets and answers to viewer follow-up questions, while exploring their own personal hair struggles and triumphs.

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