



Curl Talk: Everything You Need to Know to Love and Care for Your Curly, Kinky, Wavy, or Frizzy Hair

Ouidad

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At loose ends with your locks? Let the “Queen of Curl” show you how to bring out the best in your hair.

The lengths that women go to in order to tame their curls! If you’ve been blessed with curly hair, chances are that you’ve thought of it as a curse, complaining, “It’s uncontrollable!” “It’s a mess!” or “It’s so frizzy and tangly!” Out of frustration, you may have mistakenly resorted to methods (straighteners, irons, blow-dryers) that only cause more damage to your hair. Now renowned New York City stylist Ouidad sets the record straight on curly hair and shows you how to start loving the waves, kinks, and curls you were born with. In **Curl Talk**, Ouidad reveals the secrets to bringing out your natural beauty, including:

- * Finding the right cut
- * How often to shampoo (and why you never wrap your wet hair in a towel)
- * Why brushes and mousses should be outlawed
- * The best conditioning and styling treatments
- * Blow-drying, coloring, and straightening the safe way

Based on Ouidad’s experience catering solely to curly-haired clients at her exclusive Manhattan salon, **Curl Talk** is a straight-talking guide for your daily struggle with the frizzies, offering simple, step-by-step solutions for getting a gorgeous head of curls. It will revolutionize the way you treat your hair.

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